



L'ART DEVIVRE SPA

The French Art Of Beauty And Wellness

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ABOUT

Welcome to L'Art de Vivre Spa, a distinctively unique approach to wellness and beauty, situated at Sofitel Los Angeles in Beverly Hills. We invite you to experience our exclusive treatment offerings, thoughtfully designed to prepare, nurture and delight the skin. Time-honored traditions, modern innovation and constant attention to detail result in immersive, tailored experiences that restore mind, body, and essence.

L'Art de Vivre Spa philosophy is deeply rooted in French savoir-faire while embracing and honoring the individual needs of our guests. Enjoy the masterful blend of French art de vivre refinement and modernity paired with Los Angeles' sophisticated luxury and health-conscious lifestyle. Here, beautiful rituals, refined products, thoughtful design elements, and skilled Wellness Artisans elevate the spa experience into an art form. You are invited to savor the rituals of French beauty and wellness.



LES AMUSES-PEAU

The Treatments

LES AMUSES-PEAU

Stimulate and prepare the skin to be nurtured and pampered. At L'Art de Vivre Spa, we delight in the rituals of French beauty and wellness. We encourage our guests to begin their journey with our L'Art de Vivre Scrubs. Allow our Wellness Artisans to cleanse and exfoliate the skin in our treatment cabins fitted with Vichy-style shower heads.

GOMMAGE AU SUCRE MAURICIEN MAURITIAN SUGAR SCRUB 60 MIN. | \$200

Renew the skin's epidermal layer with a luxurious and fragrant scrub that brightens and reveals a radiant glow. We begin with a soft dry-brush body exfoliation to remove dead cells from the skin's surface and promote lymphatic drainage. A brown sugar scrub made with sugar harvested from the French Caribbean island of Mauritius and enriched with macadamia oil is massaged onto the skin. After a warm aroma-infused shower, choose from one of our KOS Paris Garden or Argan oils for a massage that leaves the skin soft and hydrated.

GOMMAGE AUX SELS MINÉRAUX MINERAL SALT SCRUB 60 MIN. | \$200

Experience an invigorating, full-body, premium salt scrub that exfoliates and nourishes dry, dull surface skin layers. We begin with an exfoliating dry body brush to remove dead cells from the skin's surface and enhance blood flow. Based on your intensity preference, earthy minerals and intuitively selected essential oils are expertly massaged onto the skin. The salt crystals gradually disintegrate and melt on the skin's surface with apricot oil, verbena, citrus and bergamot. Your treatment concludes with an indulgent application of shea butter, minerals and hand-selected aromas after a warm shower.

GOMMAGE AUX PERLES ET PLANTES PEARL HERBAL SCRUB 60 MIN. | \$210

An aromatic journey designed to calm the mind while improving skin health. Indulge the skin with a soothing chamomile, fine pearl and bamboo scrub that polishes, smooths, and refines skin to restore luminosity. The skin is misted with extracts of calendula, aloe vera and vitamin E before our exquisite exfoliating powders are massaged onto the skin to banish dull and dry skin cells, revealing a more hydrated and radiant complexion.



L'ENVELOPPEMENT L'ART DE VIVRE

The Treatments

L'ENVELOPPEMENT L'ART DE VIVRE

ENVELOPPEMENT RAFFERMISSANT OBJECTIF PLAGE SUMMER BODY FIRMING WRAP 60 MIN. | \$210

Indulge in this invigorating head-to-toe experience. The skin is first exfoliated with KOS Paris Mauritian Sugar Scrub enriched with macadamia oil, which nourishes the skin and helps reduce inflammation.

The body is then wrapped with a body tonic comprising the highly effective properties of warming ginger, orange and carrot. This multipurpose body wrap cleanses the pores and improves elasticity while reducing the appearance of cellulite. The hands and feet are treated with organic coconut butter, and the scalp with our signature hair serum. The body is massaged with KOS Wellness Pearl oil and finished off with a 3 Tea Fine Cream application to the neck and shoulders.

ENVELOPPEMENT DE GUYANE FRANÇAISE À FINEUR DU SILHOUETTE FRENCH GUYANA SILHOUETTE WRAP 90 MIN. | \$280

Envelop the body with slimming botanical oils. This head-to-toe treatment begins with KOS Paris Gommage aux Cristaux de Sels Marins, a blend of sea salt crystals, apricot oil, verbena, citrus and bergamot to exfoliate and nurture the skin.

A slimming body mask wrap with South American coffee, mate, and guarana is applied to burn fat and produce a trim figure. While cocooned, the feet are pampered with mango butter and the scalp is massaged with KOS Paris nurturing hair serum [OR KOS Paris sérum cheveux OR KOS Paris Soin Intense aux 5 Huiles Précieuses]. The treatment finishes with a full-body massage, utilizing classic French sculpting and contouring techniques with KOS Paris Slimming Fine Pearl oil.

L'ENVELOPPEMENT L'ART DE VIVRE

ENVELOPPEMENT DÉTOXIFIANT AUX 3 THÉS 3-TEA DETOX WRAP 60 MIN. | \$210

This refreshing, anti-aging detox body wrap features green, red and white teas as well as mint leaves, known to help drain toxins from muscle tissue and as a rich source of flavonoids, which have high antioxidant and anti-inflammatory properties that also help slow down the aging process.

This detoxifying experience begins with a sea salt crystal scrub with apricot oil to nourish and exfoliate the skin. The 3-Tea Detoxifying Wrap is applied and while you're cocooned, the hands and feet are nourished with Babassu Butter. Hair serum is applied to the scalp and hair before the wrap is removed. A relaxing massage using Wellness Pearl oil follows, finished up by an application of KOS Paris 3Tea Fine Cream on the arms, neck and shoulders. Paris Perle Fine Slimming Oil. .

ENVELOPPEMENT NOURRISSANT ET BIO À L'ALOE VERA ORGAN- IC ALOE VERA NURTURING WRAP 60 MIN. | \$210

Experience the healing, moisturizing properties of the aloe vera plant combined with nurturing algae and the soothing properties of lavender in our deluxe hydrating body wrap. Essential vitamins, minerals and proteins revitalize the body as you reverse the signs of aging caused by skin damage. Delight in a luxurious scalp and neck massage followed by a foot treatment with an invigorating alpine herbal balm to complete this essential treatment to restore healthy radiant skin.

L'EAU DE LAVIE

The Treatments

L'EAU DE LA VIE

BAIN HYDROMASSANT AUX HUILES ESSENTIELLES AROMATHERAPY NIRVANA BATH 30 MIN. | \$110

Indulge the senses in the synergistic combination of water, premium bath salts and personally selected essential oils in our Aromatherapy Nirvana Bath. With your Wellness Artisan as a guide, choose from a selection of premium-grade essential oils to set the intention for how you want to feel, then begin your bath with an aromatherapy-infused steam shower. Feel relaxed, rebalanced and rejuvenated in our private, candle-lit treatment cabin suites while improving circulation, easing muscle aches and detoxifying the body of impurities, creating the path to a sense of nirvana.

BAIN DÉTENTE AUX SELS MINÉRAUX MINERAL SALT WELLNESS BATH SOAK 60 MIN. | \$180

Experience a deeper level of relaxation and wellbeing with our L'Art de Vivre Mineral Salt Wellness Bath Soak, with eucalyptus sourced from New Zealand. Begin your soak in a private, candle-lit treatment cabin suite with a soft-brush exfoliation to remove dead cells from the skin's surface and promote lymphatic drainage. Your Wellness Artisan then performs a deluxe foot ritual with a mineral salt exfoliation and alpine herb massage oil before your aromatherapy-infused steam shower, all while your bath is being prepared. Our South Atlantic-sourced salts have numerous health benefits including stress relief, detoxification and muscle pain relief. Our Phyto-Bain bathing oil contains petitgrain and lavender for relaxation and balancing along with rosemary, sage and helichryse for revitalizing and toning sore muscles. The result is a sense of wellbeing and relaxation.sense of well-being and relaxation.



L'EAU DE LA VIE

BAIN HYDROMASSANT OXYGÉNÉ OXYGEN-INFUSED HYDROTHERAPY BATH 45 MIN. | \$180

Feel invigorated and revitalized with our Oxygen-Infused Hydrotherapy Treatment Bath. Begin your bath in our private, candle-lit treatment cabin suite with a dry-brush body exfoliation to remove dead cells from the skin's surface and enhance blood flow, then enjoy an aromatherapy-infused steam shower while your Wellness Artisan prepares your bath. These baths have 60% higher oxygen levels than traditional baths, helping relax tense, tired muscles for deep relief. Oxygen bubbles trap moisture in the skin, revealing a more youthful and healthier glow, and increased circulation results in more energy and increased vitality.

BAIN TRADITIONNEL FRANCO-MAROCAIN TRADITIONAL FRENCH-MOROCCAN BATH 60 MIN. | \$160

Take a journey to worlds beyond and immerse yourself in an ethereal beauty ritual. Inspired by the Moroccan ancestral traditions of wellness, our Traditional French Moroccan Bath is an exceptional experience. Your Wellness Artisan uses a warm Moroccan Kessa mitt with pure, crushed olive black soap to prepare and cleanse the body. Then, enjoy an aromatherapy-infused steam shower before returning to your private, candle-lit treatment cabin suite for a calming, healing, and soothing warm wild lavender bath.



CLINIQUE DE L'ART DE LA BEAUTE

The Treatments

CLINIQUE DE L'ART DE LA BEAUTE

AGE REVERSE SIGNATURE FACIAL 90 MIN. | \$380

An advanced, highly effective, holistic alternative to injectables, our Age Reverse Signature Facial achieves visible results from the first treatment. Our highly trained Beauty Artisans utilize the most advanced cosmeceutical ingredients and proven technology including nanocurrent, LED, and radio frequency to boost cellular activity and the synthesis of collagen and elastin fibers. This results in smoothed deep wrinkles, plumped skin, radiant complexion, and visibly improved skin quality.

MESOTHERAPY ANTIOXIDANT FACIAL 90 MIN. | \$300

Plump and intensely moisturize the skin with our Mesotherapy Antioxidant Facial—a non-surgical micro-needling treatment delivering vitamins C, B5, and E plus COENZYME Q10 to boost cell mechanics, stimulate collagen production, and improve the tone and texture of the skin. LED is added to enable the product to penetrate deep below the epidermis to accelerate the cell regeneration process. Skin is perfectly hydrated, revitalized, strengthened and more luminous.

CLINIQUE DE L'ART DE LA BEAUTE

L-THERAPY FACIAL 60 MIN. | \$260

Our L-Therapy Facial is inspired by the precision of lasers to treat the harmful effects of sun damage such as wrinkles, dark spots, and skin textures. This treatment uses potent key ingredients to reverse hyperpigmentation and LED light therapy to reverse skin damage, reduce the appearance of fine lines and wrinkles and improve skin texture. Improvement is seen with the first treatment and optimum effectiveness is seen with a series of 3 treatments to achieve dense, radiant skin and an evened-out skin tone.

THE GENTLEMAN'S FACIAL 60/90 MIN. | \$260/300

Experience a visibly bright and more even complexion with our Translucent Facial. Our Beauty Artisans begin with a deep cleanse, utilizing hydrotherapy or microdermabrasion—an ultra-concentrated peel used to resurface and refine pores. Skin texture becomes more elegant and pores are tightened, resulting in a more radiant, luminous complexion.

TRANSLUCENT FACIAL 60 MIN. | \$260

Experience a visibly bright and more even complexion with our Translucent Facial. Our Beauty Artisans begin with a deep cleanse, utilizing hydrotherapy or microdermabrasion—an ultra-concentrated peel used to resurface and refine pores. Skin texture becomes more elegant and pores are tightened, resulting in a more radiant, luminous complexion.



L'ART DE, LA BEAUTÉ

The Treatments

L'ART DE LA BEAUTÉ

SOIN PAPILLON DELICATE BEAUTY 60/90 MIN. | \$180/\$260

Our Soin Papillon is a gentle yet highly effective, personalized facial that addresses the concerns of those with even the most sensitive of skin types. A four-part facial treatment that cleanses, soothes, nourishes and tones the skin, restoring its natural radiance. After a detailed skin analysis, your treatment begins with a cleanse, exfoliation and gentle extraction. Aromatherapy is then infused with a lymphatic drainage facial massage to release tension and detoxify the skin. Sound waves, galvanic current and delicate movements enhanced with chamomile and nourishing shea butter are used to penetrate the top layer of the skin, followed by a cooling soothing mask with oxygen spray. Finally, this beauty ritual concludes with a hand, arm and décolleté, shoulder and neck massage with our KOS Paris Wellness oil.

SOIN DES LÉGENDES 60 MIN. | \$260

An extremely sophisticated facial treatment that hydrates, restores and revitalizes the skin for a more youthful countenance. Soin des Légendes' skin-plumping and lifting results are achieved by a beauty ritual combination of very precise movements during our anti-aging face sculpting as well as our lifting massage with KOS Paris Elixir des Légendes, loaded with prickly pear, acai berry and rose geranium—known for their anti-aging, antioxidant, nourishing and firming properties. Your treatment begins with an extensive skin analysis, followed with a deep cleanse, exfoliation and thorough extraction. Finishing touches include a hand massage with mango butter, Crème des Légendes, and a spritz of rose water.

L'ART DE LA BEAUTÉ

SOIN DE VISAGE PURIFIANT L'ART DE VIVRE L'ART DE VIVRE DEEP CLEANSING FACIAL 75 MIN. | \$220

Experience a custom, botanically based, nutrient-rich and thorough deep cleansing facial to restore and revive congested skin. Our L'Art de Vivre Deep Cleansing Facial features two cleansing rituals, an exfoliating peel, extraction, deep cleansing massage and a mask, expertly selected by your Beauty Artisan to purify, balance and nourish your unique skin type. Leaves skin clean, clear and refreshed.

VITAL WELLNESS VISAGE SCULPTÉ FACIAL 60/90 MIN. | \$260/300

An organic Snow Lotus steam oil cleanse and custom Anda AndaVital Blend prepares the skin for a transformative, two-part lifting facial. The Visage Sculpté is designed to rejuvenate, firm and tone the face and décolletage while infusing vital organic nutrients.

Results are immediate as our Beauty Artisan sculpts and lifts the jawline, cheeks, brows, mouth and forehead for a more youthful countenance. Bian Stone Gua Sha tools improve facial elasticity, stimulate collagen production and strengthen the musculoskeletal framework. Crystalline structured water and our vegan French algae boosting mask enhance this exquisite beauty treatment.

LE MARIN / MARINE HYDRATING FACIAL 60/90 MIN. | \$180/\$260

This luxurious, hydrating and moisturizing beauty facial regenerates dry skin, improves skin texture, and smooths fine lines and wrinkles. Begin with a thorough skin analysis, then a hydrating deep cleanse followed by our Luminous Rice Masque and Traditional Chinese Medicine acupressure techniques with Organic Anti-Stress oil, renowned for its reparative hydrating and firming properties. Skin is plumped and smoothed, signs of fatigue erased, and your complexion will regain its radiant glow. into a state of bliss.



TOUCHE D'ART

The Treatments

TOUCHE D'ART

MASSAGE SIGNATURE L'ART DE VIVRE L'ART DE VIVRE SIGNATURE MASSAGE 75 MIN. | \$220

Exceptional, indulgent, rejuvenating. This curated massage combines the most effective elements of several styles of massage while integrating energy and meditative breathing, ending with an optional organic aromatherapy oil facial and foot ritual. The result is a complete sense of wellbeing—l'art de vivre.

MASSAGE CÉRÉMONIAL AUX HUILES OIL CEREMONY MASSAGE 60/90 MIN. | \$180/\$260

You are invited to select from one of our KOS Paris Garden or Argan oil collections and allow our skilled Wellness Artisans to elevate the classic Swedish massage into an art form. Enjoy a choreographed dance between hands and body with a continuous flow from start to finish. You'll weave in and out of consciousness into a state of bliss.

SOUS LA SURFACE (Massage en profondeur) BENEATH THE SURFACE (Deep-Tissue Massage) 60/90 MIN. | \$180/\$260

Here's your response to chronic pain and deeply held patterns of tension. Our highly skilled Wellness Artisans use KOS Paris Eucalyptus massage oil with slow, heavy strokes to create direct pressure and friction on deep muscle layers. Working from muscle origin to insertion, we begin to free the body of pain and return it to a state of harmony.

TOUCHE D'ART

MASSAGE MÉLANGE DE L'EST
BLEND OF THE EAST
60/90 MIN. | \$180/\$260

Experience an integration of both Shiatsu and Thai massage with our Blend of the East. This involves a sequence of acupressure points using finger and palm pressure along the body's energy meridians with assisted stretching to stimulate or sedate the flow of energy. Achieve greater physical mobility and a sense of serenity within.

MASSAGE CIBLÉ
(Massage sportif)
TARGETED TOUCH MASSAGE
(Sports Massage)
60/90 MIN. | \$180/\$260

Meet the perfect complement to continuous, physically intense activities. Whether you're a dancer, athlete, workout regular or recovering from an injury, our Targeted Touch Massage performed by our highly trained Wellness Artisans should be integral to any regime. Involving both active and passive participation, the body is restored to meet the demands required of it.

MASSAGE COCON
(Prénatal)
COCOON MASSAGE
(Prénatal)
60/90 MIN. | \$200/\$280

Nurture the body and life within. Our cocoon massage is designed for mothers-to-be after the first trimester. Utilizing Women's Harmony Oil, our prenatal-certified Wellness Artisans use light to firm pressure to help reduce stress, increase blood circulation, relieve muscle aches and joint pains, and improve overall prenatal health for a radiant glow. Chinese geranium and mandarin are known to balance hormone levels, enhance mood and reduce swelling.

TOUCHE D'ART

MASSAGE RÉFLEXOLOGIE REFLEXOLOGY MASSAGE 45/75 MIN. | \$180/260

A deeply relaxing treatment that effects physical change by stimulating the body's natural healing process. Found in the feet, hands, and ears, reflexology points correspond to all parts of the body and internal organs, and respond to particular pressure points. The body begins to attune by progressively clearing blockages and re-establishing energy flows to achieve a state of balance and feeling lighter than air.

MASSAGE AUX PIERRES BIAN BIAN STONE MASSAGE 60/90 MIN. | \$200/\$280

Nourish your body with the healing properties of Traditional Chinese Medicinal Bian Stones and ginger, plai and coriander oils. Alternating hot and cold stones relaxes and soothes muscle tissue, and flushes out toxins accumulated throughout the lymphatic system, creating natural infrared waves that allow the body to heal itself holistically.

MASSAGE À DEUX MASSAGE FOR TWO 60/90 MIN. | \$400/\$580

Unwind side-by-side as our Wellness Artisans take you on a journey tailored to your individual needs with a customized massage using a sweet cocktail of precious oils and fragrance made with honey and fig. Finish with a Mauritian Sugar Foot Scrub. The shared experience is euphoric and bonding, the very essence of l'art de vivre.

L'ART DE VIVRE JOURNEYS

The Treatments

L'ART DE VIVRE JOURNEYS

LE SOIN PRESTIGIEUX THE PRESTIGE 60 MIN. | \$220

The ultimate in l'art de vivre. Your Journey begins with a dry-brush exfoliation to remove dead skin cells from the surface of the skin and an application of our Intensive Hair Repair Mask. Earthy minerals infused with sweet Neroli Blossom Bath & Body Oil are massaged onto the skin to exfoliate as they gradually disintegrate and melt on the skin's surface.

Your Journey continues with a candle-lit Mineral Wellness Bath infused with bitter orange blossom oil while chilled lavender towels, fruited water and Neroli Water mist refresh and soothe the spirit. Then indulge in a nourishing and hydrating Neroli Sensory Experience massage featuring organic coconut and meadowfoam seed oils, before finishing with an organic Vital Wellness Visage Sculpté Facial massage in your private suite.

LE SOIN SIGNATURE THE SIGNATURE 60 MIN. | \$250

Begin with our signature L'Art de Vivre Massage. This curated massage combines the most effective elements of several styles of massage from our highly trained Wellness Artisans while integrating energy and meditative breathing. It is finished with an optional organic aromatherapy oil facial massage and foot ritual.

You are then whisked away to your Beauty Artisan for our Soin Papillon facial, a gentle yet highly effective personalized facial that addresses the concerns of those with even the most sensitive of skin types. Soin Papillon is a four-part facial treatment that cleanses, soothes, nourishes and tones the skin, restoring its natural radiance.

L'ART DE VIVRE JOURNEYS

LA SOIRÉE THE GATHERING 60 MIN. | \$220

This ultimate beauty experience has you indulging the senses with two pairs of hands to achieve a complete sense of wellbeing and whole-body rejuvenation. While a Wellness Artisan performs a full-body massage utilizing classic French sculpting and contouring techniques with our KOS Paris Slimming Fine Pearl oil, a Beauty Artisan performs our Vital Wellness Visage Sculpté Facial—an advanced, highly effective and holistic alternative to injectables. The Visage Sculpté is designed to rejuvenate, firm and tone the face and décolletage neckline while infusing vital organic nutrients. Results are immediate as our Beauty Artisan sculpts and lifts the jawline, cheeks, brows, mouth and forehead for a more youthful countenance.

COUPLE'S HONEY AND FLOWER RETREAT 60 MIN. | \$250

This aromatic Journey begins with inhalation of the calming and balancing benefits of wild lavender as you relax and enjoy our luxurious and fragrant Mauritian Sugar Scrub that brightens and reveals a radiant glow. Couples then unwind side-by-side while our skilled Artisans take you on a tailored wellness journey, including a customized massage with precious oils and fragrances from honey and flower. Then savor time together with a candle-lit L'Art de Vivre Mineral Wellness Bath Soak with Lavender Bath & Body Oil, and finally, enjoy tea or champagne service in the privacy of your VIP suite.



LESPORT

The Treatments

LE SPORT

PERSONAL TRAINER
60/90 MIN. | \$140 /\$270

Enjoy a customized training session with some of Los Angeles’ top fitness coaches in our exclusive fitness facility equipped with cardio, strength-circuit and free-weight workout systems. Each training session is designed to assist in meeting your individual fitness goals.

YOGA
60/90 MIN. | \$120/\$270

Embrace L’Art de Vivre Spa’s mind, body, and essence approach to wellness with a private yoga session. Whether your practice consists of hatha, ashtanga, vinyasa, or power, our master yogis can help you elevate your current practice.

HIKE
60 MIN. | \$240

Step out into Los Angeles’ great outdoors and health-conscious lifestyle with a personal fitness session designed around hiking one of LA’s poplar trails.

KICKBOXING
60/90 MIN. | \$150 /\$210

Whether advanced or beginner, you are ensured a dynamic and invigorating workout with one of our fitness coaches.

MAT PILATES
60 MIN. | \$150



LES MIGNARDISES

The Treatments

LES MIGNARDISES

A hint of indulgence designed to delight. Our Mignardises add an extra touch of decadence and savoir-faire to our thoughtfully crafted service offerings, resulting in an elevated, memorable experience.

VISAGE

Visage Cleanse + Plus Advance Masque Therapy

30 MIN. | \$120

Eye Reuse Masque + Lymphatic Massage with Cold Spoons

TIME \$20

Ampoule Therapy + In-Home Treatment

TIME \$30

CORPS

Back + Bamboo Sticks

30 MIN. | \$110

Leg + Sel Mineral Scrub

30 MIN. | \$110

Head + Neck + Shoulders + Hair and Scalp Restorative Masque

20 MIN. | \$100



LATOUCHE FINALE

The Treatments

LATOUCHE FINALE

WAXING

At L'Art de Vivre, we believe in preparing, nurturing, and delighting the skin, and our waxing offerings are no exception. We use Berodin professional waxing products to reveal healthy, radiant, and smooth skin.

Eyebrow	Full Arm
\$30	\$60
Eyebrow Shape	Back
\$60	\$90
Lip	Half Leg
\$20	\$60
Chin	Full Leg
\$20	\$90
Underarm	Chest
\$30	\$90
Half Arm	
\$40	

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